

Resources and support for children and young people's work



To obtain the resources outlined in this catalogue please either:

- email cypadmin@quaker.org.uk
- go to www.quaker.org.uk/cyp
- or phone 020 7663 1013.

A large print version of this catalogue is available: please contact the publications manager on 020 7663 1162 or email publications@quaker.org.uk.

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Britain Yearly Meeting of the Religious Society of Friends (Quakers) is a registered charity, number 1127633

Introduction

Being alongside children and young people is an important aspect of being a Quaker community. Our vision at Britain Yearly Meeting is for children and young people to feel a valued part of the Society, so that they can explore their spirituality and make a difference in the world.

Intergenerational relationships in meetings can have a profound effect on children and young people. Engaging them in meetings can be challenging. The resources, training opportunities, support and events outlined in this catalogue are designed to help meetings with this.

The Children & Young People's Staff Team is part of Quaker Life in Friends House. We are always on hand to help meetings develop their work with children and young people – see page 14 for details on how to contact us.

Howard

Howard Nurden, Head of Children & Young People's Staff Team

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Journeys in the Spirit resources

These are ongoing resources offering material for use with children or young people in a Quaker setting.

The children's work edition provides materials for adult Quakers working with children aged 5 to 11 in Quaker meetings, all-age events, residential gatherings and camps. It offers a range of activities and approaches as a springboard for ideas that will stimulate children and adults working with them. It is published monthly in two formats: a themed issue and a topical activity, each on alternate months.



The youth work edition, published three times a year, provides a range of ideas to use with 12- to 18-year-olds in a Quaker context. Each issue explores a theme through activities that are suitable for a variety of youth events. It is produced in magazine format with all the activities in one A4 booklet.

You can subscribe for free through <https://forms.quaker.org.uk/journeys-in-the-spirit-subscription>. Both issues are sent out by email or post with a children's work or youth work newsletter.



There are also some one-off issues offering ideas for work with children and young people on worship, the centenary of World War I, connecting as a community, the abolition of the slave trade, and linking with children in schools.

All past editions of *Journeys in the Spirit* children's work and youth work, as well as the special issues, can be accessed at <http://together.woodbrooke.org.uk/jits>.

Resources for work with all ages

Spring into all-age worship

This resource pack has simple guidance on how to go about organising all-age worship. It includes four tried-and-tested plans for all-age worship.

All-age worship

Every alternate month, the *Journeys in the Spirit* children's work edition has an outline for an all-age meeting for worship linked to the theme of the issue. For details of how to subscribe to this, see page 4.



Godly Play

The Godly Play approach helps children and adults explore their faith through story, and enhances their spiritual experience through wonder and play. Workshops are offered for Friends interested in storytelling based on the Godly Play method. There is also a library of biblical and Quaker stories at Friends House, which is available to people in meetings who have attended a 'Storytelling as theological reflection' workshop through the training team or another church or faith setting. Details of the workshop and resources available can be found at www.quaker.org.uk/using-godly-play. For more details on Godly Play go to www.godlyplay.org.

Resources for work with children aged 0 to 11

Journeys in the Spirit children's work edition

An ongoing resource, published monthly, which provides themed activities and approaches to use with 5- to 11-year-olds in a Quaker setting (see page 4).



Journeys in the Spirit for 0- to 4-year-olds

This simple resource offers some guidance on, and approaches to, being with young children in a Quaker setting. It offers ideas, resources and frameworks to encourage and equip volunteers who work alongside this age group.

Being ready for children in your Quaker meeting

This is a guide to being ready for children in Quaker meetings where, as yet, there is no children's meeting for worship. It explores four questions: Why be ready?; What does a meeting need to do to be ready?; What does a meeting need to have to be ready?; What might you do to engage with families and children?

What about the children in our meeting?

This short resource, with accompanying worksheets, aims to help meetings reflect on the intentions behind what is offered to children. Short, simply written and practical to use, it suggests that meetings come together to explore the purposes of their work with children and agree approaches to take in the future.

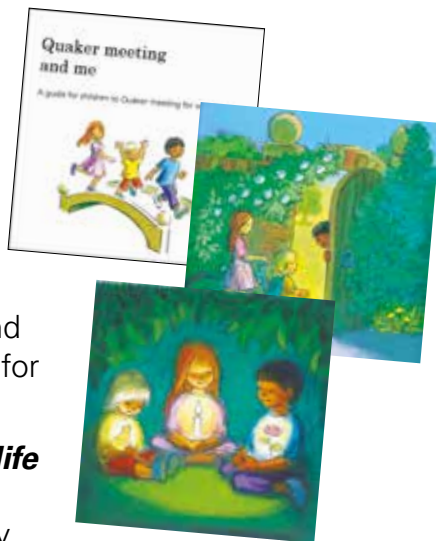


Building our children's meeting for worship: how do we do it?

This is an exploration of the elements of children's meeting for worship, together with suggestions of things to do and approaches to take.

Quaker meeting and me

This is a delightful and profound book for helping young children to find a way into Quaker meeting for worship. It can be used as a starting point for conversations between children and adults, and also as a focus to help children settle and centre themselves during meeting for worship.



Let's explore the Quaker way of life

This book explores the Quaker testimonies: truth, peace, simplicity and equality. With its detailed illustrations, it is intended as a starting point for conversations with children – the first steps in growing our readiness for the challenges of everyday life. It can be used in meetings, schools or shared with others who want to find out more about Quaker faith and practice.

Chatterbox

This engaging and inventive resource takes the form of the popular 'chatterbox' or 'fortune teller' game. It is something children can use to think about their Quaker faith and how they share it with others. It is also ideal for anyone visiting schools or other groups of children. It contains contributions from children about what is most important to them as Quakers.



Resources for work with young people aged 12 to 18

Journeys in the Spirit youth work edition

A resource providing a range of activity ideas to use with 12- to 18-year-old Quakers (see page 4). It is published three times a year.

Quaker youth work handbook

This is for those involved in, or starting new, Quaker work with young people. This might include residential events, young people's meetings, after-school clubs or evening activities. It sets out the basics of Quaker work with young people, from the purpose of youth work, to planning events and best practice.

Living our beliefs

This explores Quaker faith and practice. It has been compiled and edited in partnership with young Quakers from across Britain. This book aims to help readers find out more about Quakers and how they worship and live out their faith.



Living as a Quaker

This is a six-session programme providing facilitators with materials to support young people who are exploring Quaker identity, beliefs, values and social interactions.

Sharing our journeys

This pack contains a variety of activities to enable young Quakers and adult Friends to explore their spirituality in a Quaker context. It provides opportunities to share spiritual journeys, and to think about (and articulate) beliefs and values.

Ways to connect

This set of eight cards aims to promote and develop the way we think about the place of young Friends in local meetings. It encourages meetings to develop connections between young people and adults in Quaker communities.

Be the change

This resource encourages young Quakers to take action, exploring some of the issues we campaign on and why they are important. It features a set of cards looking at economics, sustainability and disarmament and links to www.yqspace.org.uk, where there is more information and a toolkit of ideas to take action.



Spiritual development

This booklet explores our understanding of spiritual development and how it affects our work with young people. It offers a model for understanding spiritual development and practical ideas about ways to work with young people in a way that facilitates their spiritual journeys.

I'm a Quaker... this is why...

This leaflet, created with young Quakers, provides a way for young people to introduce their Quakerism to their friends.

Quakers: a guide for young people

This leaflet gives young people a brief introduction to Quakerism. It sets out some of the different aspects of being a Quaker and is suitable for sharing with young people in schools.



Training opportunities and conferences



There are several opportunities to develop confidence in working with children and young people. These are intended to enable Friends to develop knowledge, skills and attitudes that will make work with young Quakers feel less challenging. Many of these opportunities are facilitated by the children and young people's work trainers – Friends who are part of the Quaker Life Network.

Meetings can request: a facilitated session to help Friends explore how they can develop as an all-age community; a bespoke event tailored to meet particular needs; or a workshop on a variety of topics such as:

- engaging with young families
- all-age worship
- building effective relationships with children
- storytelling as theological reflection
- working with small groups across a wide age range
- being ready for children in our meeting
- exploring spirituality with young people
- an introduction to work with Quaker children and young people.

Details of these can be found at www.quaker.org.uk/workshops.

Conferences

The children and young people's work conferences provide a networking opportunity for those working with young Quakers and other role-holders in Quaker meetings. They offer space to share practice, discuss concerns, and explore themes and approaches to enrich work with young Quakers and their families. Details of conferences taking place can be found at www.quaker.org.uk/cyp-conferences.

Facilitation and leadership: an event for 15- to 21-year-olds

This is for young Quakers to develop their skills and confidence in facilitating groups, and is run in partnership with Woodbrooke Quaker Study Centre. It aims to help participants understand ways to facilitate and lead groups, exploring the skills needed for being a Quaker facilitator.



Support

Children and young people's work advocates

These are Friends appointed by area meetings to be advocates for the work with children and young people that goes on in local meetings. This role encourages awareness and supports the needs of children and young people in local and area meetings. Advocates are responsible to the area meeting that appointed them but often develop links with neighbouring meetings.

Quaker Youth Work Recognition Scheme

The Quaker Youth Work Recognition Scheme is a process developed to support young people on event teams. It provides a structure for young people to identify their skills and areas for development in planning, facilitation and teamwork. At the end of the process each young person receives a certificate.

Quaker youth work network

This Facebook group provides an opportunity for those who are working with young people in a Quaker context to share their experiences and ask each other for advice. It's also a good way to stay up to date with upcoming Quaker youth events. Go to www.facebook.com, search for 'Quaker youth work network' and click on 'Join'.



Quaker Life Young People's Network

This Facebook profile is for young people aged 13 to 18 and promotes opportunities to volunteer, facilitate events and give their views. Go to www.facebook.com, search for 'QuakerYouth Participation' (no space between the first two words), then click on 'Add friend'.

Events

Britain Yearly Meeting events

These events aim to facilitate spiritual development and an understanding of Quakerism for children, young people and the adults working with them.

BYM events provide opportunities for friendships to be built, creativity to be developed, skills to be learnt and fun to be had. They provide a great way for children and young people to participate in the life of the yearly meeting and to build our Quaker community. Each year there are opportunities for different age groups, plus events that involve young adult Friends. Some all-age events are also offered, providing opportunities for children and adults to come together as a worshipping community. For more information about BYM events visit www.quaker.org.uk/cyp-events.

Regional events

There are local and regional events for Quaker young people across Britain. For up-to-date details go to www.yqspace.org.uk/find-event.



Young Quakers Calendar

A calendar is produced every year, providing information about national, regional, and local events for young people. Request free copies or view it online at: www.yqspace.org.uk/find-event.

Policies and procedures

Work with children and young people on Britain Yearly Meeting events is informed by policies and procedures. These are available to all Quakers and can be adapted for use in other settings. They can be found at www.quaker.org.uk/cyp-policies-procedures and include policies, procedures and guidance relating to event and activity management, working with volunteers, safeguarding, and disclosure.

If you are using the policies for another event, such as a link group or regional Quaker event, you should ensure that you meet the requirements of insurers, venues and the body responsible for the activity.

Contacts

Staff

To get in touch with any of the Children & Young People's Staff Team in Quaker Life, please contact the CYP Administrator on 020 7663 1013 or at cypadmin@quaker.org.uk – they will direct your enquiry. Alternatively, please write to the Children & Young People's Staff Team, Quaker Life, Friends House, 173 Euston Road, London, NW1 2BJ.

Websites

www.quaker.org.uk/cyp: for information about all the resources in this catalogue.

www.yqspace.org.uk: for young Quakers aged 12 to 18.

The logo for 'yqspace' features the letters 'yq' in a bold, red, lowercase font, followed by 'space' in a bold, teal, lowercase font. The letters are slightly shadowed, giving them a 3D appearance as if they are floating above a white surface.

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@QUAKERS

Thanks for everything.

LOVE PEACE

EQUALITY

XOX