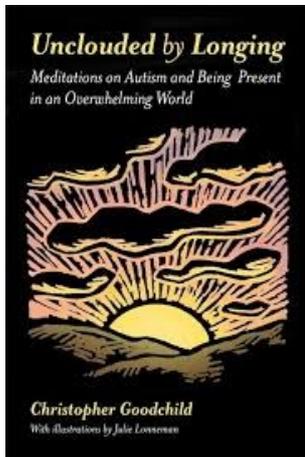


Books of the Month

May 2017



UNCLOUDED BY LONGING: Meditations on Autism and Being Present in an Overwhelming World

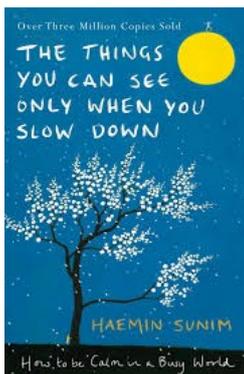
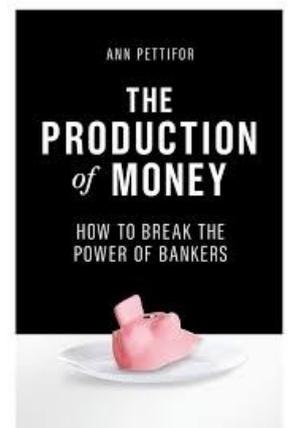
Christopher Goodchild £9.99

In this collection of short, contemplative, insightful reflections, Quaker Christopher Goodchild guides you through his spiritual and philosophical journey to his truest and most peaceful self. Informed by a combination of Eastern and Western philosophy, faith and the experiences of living with autism. He reveals how, by looking beyond vulnerability to see innate strength, and searching beyond pain and turmoil to find inner peace and serenity, anyone can affirm their true humanity despite the hardships and distractions of modern life. In a world where people are increasingly overwhelmed, this book will speak to anyone searching for a more clear-sighted, meaningful presence.

THE PRODUCTION OF MONEY: How to break the power of bankers

Ann Pettifor £12.99

In this accessible, brilliantly argued book, leading political economist Ann Pettifor explains in straightforward terms history's most misunderstood invention: the money system. She argues that democracies can, and indeed must, reclaim control over money production and restrain the out-of-control finance sector so that it serves the interests of society, as well as the needs of the ecosystem. *The Production of Money* examines and assesses popular alternative debates on, and innovations in, money, such as 'green QE' and 'helicopter money'. She sets out the possibility of linking the money in our pockets (or on our smartphones) to the improvements we want to see in the world around us.



THE THINGS YOU CAN SEE ONLY WHEN YOU SLOW DOWN: How to be calm in a busy world

Haemin Sunim £9.99

In this beautifully illustrated, best-selling guide to mindfulness, Haemin Sunim, a Buddhist monk born in Korea who has experienced a lifetime of change, offers spiritual advice on everything from handling setbacks at work to dealing with love and relationships. Speaking directly to the anxieties that have become part of modern life, Haemin Sunim's simple, compassionate teachings transcend religion, borders and ages, and serve as a calming reminder of the strength and joy that come from slowing down.

THE COLOUR OF HOME

Mary Hoffman & Karin Littlewood £6.99

Hassan feels out of place in a new, cold and grey country. At school, he paints a picture showing his colourful Somalian home, then covers it with the harsh colours of the war from which his family has fled. But gradually things change, and through the kindness of teachers and classmates, Hassan begins to notice the bright, new colours of home. Using bold, evocative illustrations and simple prose that gets to the heart of a child's emotions, this book is an ideal resource for opening children's thinking about the reality of fleeing conflict, and an engaging read for any age.

