



# Journeys in the Spirit

Children's work

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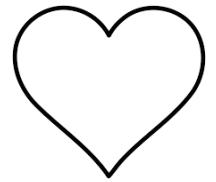


## A simple plan for an all-age Meeting for Worship

### Resources:

Glitter jar – for instructions on how to make one go to:

<http://www.bbc.co.uk/cbbc/thingstodo/mood-jar> . You will also need precut out heart or circle shapes and pens/pencils/crayons, there should be enough (and spares) for everyone in Meeting. You will also need a large stiff piece of paper or thin card for the shapes to be stuck onto and a couple of glue sticks.



Begin by welcoming everyone to worship. Say we will start with a time of silence, and, perhaps suggest that people could find the glitter jar a helpful way to centre down. As we come into Meeting for Worship we can feel full of ideas swirling around. As we sit quietly, the ideas settle and calm, leaving us feel clearer, just like the jar of water and glitter.

When the glitter has settled, share that the children's meeting has been reading and responding to Chapter 22 of *Quaker faith & practice* - Close Relationships. Remind people that everyone, of any age, can minister during the meeting. This can be through joining in the activity or in the form of words.

Read from *Quaker faith & practice* 22.04

*Throughout life, rejoice in every aspect of friendship. Blessed indeed are those who enjoy a rich diversity of friends and who participate in many varying relationships. We all have the capacity of being sons and daughters, sisters and brothers, uncles and aunts, wives and husbands, metaphorically if not through blood-relationships. As well we are all both teachers and learners, both thinkers and workers, both employees and employers, nurses, parents and neighbours. We are most fortunate in being friends and lovers. True friendships grow in depth, understanding and mutual respect, as friends value 'that of God' in one another.*  
Elizabeth Seale Carnall, 1981



Rejoice in those friendships- invite friends to write on the heart shapes what is valuable about one of their relationships or draw a smiley face on the circle to represent the joy found in relationships with others.



During the silence Friends may wish to minister by reading what they have written or by sticking their shape to the large paper in the centre to create a Meeting display that shows how we value "that of God" in many ways and in many relationships.

